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Dr Alan L Rubin is a diabetes specialist. Dr Sarah Jarvis has been a GP for 20 years. She is the resident doctor on both BBC's The One Show and on Radio 2, as well as writing regular columns for Good Housekeeping and My Weekly magazines.

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Alan L Rubin, MD has run a private practice specialising in diabetes for 25 years. --This text refers to the paperback edition. About the Author. Professor Lesley Campbell is the Director of the Diabetes Centre of St Vincent's Hospital,

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